

Institution Based Solar Steam Cooking Systems in India

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Abstract

Large amount of conventional fuels like coal, wood and LPG are being used for community cooking resulting emission of greenhouse gases. Concentrating type parabolic dish can generate temperature upto 350-400°C thus, suitable for cooking purposes. The solar steam cooking system can cook food for 50 - 25,000 persons daily. A number of solar steam cooking systems installed at various institutions have been presented. Keeping this in view, a solar steam cooking system for 1500 students is being proposed at Dr Y S Parmar University of Horticulture & Forestry, Nauni campus. Design specifications and possible applications have also been presented.



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Introduction

Approximately 27 million rural population rely on biomass for cooking.¹ Fuelwood, Liquid Petroleum Gas (LPG) and biomass wastes are being used for community cooking. Traditional fuels being used, release hazardous smoke. Use of traditional inefficient biomass burning cookstove causes poor air quality, affecting human health, deteriorating forest eco system, global warming and climate change. According to WHO, 1.5 million people die annually worldwide due to indoor air pollution.²⁻⁹

Renewable energy share is 12% of a total 200 GW of electricity produced in India. Due to rise in


population, economic development, and changing lifestyles electricity requirement in India has been increasing despite of continuous rise in capacity.

India receives solar radiations ranging 3.0–6.5 kWhm⁻² per day.¹⁰ Solar radiations can be utilized for cooking, heating, lighting and other applications. With the technology advancement and economical viability the SPV, SWH, solar desalination, solar drying and steam cooking system are popular practical applications of solar energy. Solar steam cooking (SSC) system is solar energy based technology used to cook food for large number of persons. In solar steam cooking system, the solar

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radiation falls on a solar concentrator, water become steam at high T&P, which is taken to the kitchen using insulated pipes.¹¹⁻¹⁴ The solar concentrators being propagated in the country are single axis TFFS dish and dual axis TFP (ARUN© Dish).^(15,16)

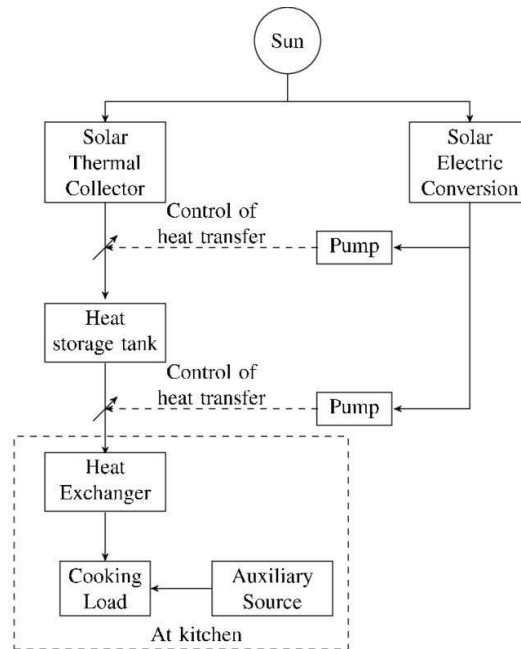
A solar cooking system of community size consists of number of automatically TPRs (Scheffler dish), assembled in series and parallel combinations to generate steam for cooking food for thousands of people twice a day without polluting environment with in short period of time.

In SSC, temperature of 350-400°C is generally achieved. A 7m² sized solar dish can cook the food for 50 people and large sized dish (16m²) can prepare

meal for more than 50–100 person.¹⁷ Traditional food such as chapattis, boiling or frying rice, vegetables, cereal, pulses, regional dishes etc. can be prepared. The JNNSM aimed to support solar based heating system that has set the ambitious target for domestic and industrial applications. The MNRE will install 20 million m² of collector/reflector area during phase III (2017-2022) under the mission.¹⁸ Scheffler type dish is used as concentrator for cooking.¹⁹⁻²¹ Because of simple design, the industrial & maintenance expenditure of a Scheffler dish is cheaper than the other concentrators.^{15,22-23}

Components Of Solar Steam Cooking System

The various components of solar steam cooking system are presented in this section.



Source: Prasanna U R, 2010²⁴

Design and Dimensions of Solar Steam Cooking System

The design specifications of various components of SSC have been presented in this section.

Scheffler Dish

Wolfgang Scheffler initially developed Scheffler reflector in 1986 which is a parabolic dish in which single axis tracking is provided to move along with sun. Scheffler reflector has a fixed focal point,

which makes cooking easily and temperatures, rises to 450°-650°C. The Scheffler reflector system installed at Prajapita Brahma Kumaris Ishwariya Vishwa Vidhyalaya, Om Shanti Bhawan, Madhuban, Mount Abu Rajasthan, India in 1999 has capacity to cook food for 35,000 persons daily was a largest in the world. The Scheffler dish concentrates solar beam at concentration ratio of 100 at absorber to get steam.²⁵

Dimensions

Diameter: 1 m
 Reflector Material: Acrylic
 Steam pressure: 10 bar
 Steam temperature: 180°C

Absorber

The absorber is used to receive the concentrated solar radiation to convert water into steam.²⁶

Specifications

Capacity: 2 kg
 Material: Aluminum

Design Calculation

Steam jacketed utensils
 Initial temperature of rice, T_1 : 20°C
 Final temperature of rice, T_2 : 100°C

$$P1 = M1 \times Dp \times \Delta T \quad \dots(1)$$

$$= 2 \times 1.8 \times (100-20) = 288 \text{ KJ}$$

Steam Jacketed Utensils

The steam from absorber is carried to kitchen using insulated pipe.²⁷

Specifications

Capacity: 2 kg
 Material: Steel

Energy Required in Solar Collector Energy for Cooking Rice

M_1 : 2Kg
 Dp : 1.8 KJ(Kg°C)⁻¹

Estimation of the useful energy required for cooking has been reported by.²⁸⁻³¹

Energy Requirement for Water Boiling

M_2 : 2 Kg
 Specific heat of Water: 4.187 KJ(Kg°C)⁻¹
 Water temperature initially, T_1 : 20°C
 Final temperature of water, T_2 : 100°C

$$P2 = M2 \times Dp \times (T2 - T1) \quad \dots(2)$$

$$= 2 \times 4.187 \times 80 = 669.92 \text{ KJ}$$

Energy Required for Cooking Pot

M_3 : 2 Kg
 Specific heat capacity of Stainless steel: 0.510 KJ(Kg°C)⁻¹
 Initial temperature, T_1 : 20°C
 Final temperature, T_2 : 100°C

$$P3 = M3 \times Dp \times (T2 - T1) \quad \dots(3)$$

$$= 2 \times 0.510 \times 80 = 81.6 \text{ KJ}$$

Energy for Water Vaporization

Mass of water (M_4): 2 Kg
 $hfg = 2260 \text{ KJKg}^{-1}$

$$P4 = M4 \times hfg \quad \dots(4)$$

$$= 2 \times 2260 = 4520 \text{ KJ}$$

Total Energy

$$P = P1 + P2 + P3 + P4 \quad \dots(5)$$

$$= 288 + 669.92 + 81.6 + 4520 = 5599.92 \text{ KJ}$$

The one-third of the required energy for cooking get lost

Loss

$$PL = P/3 \quad \dots(6)$$

$$= 1/3 \times 5599.92 = 1866.51 \text{ KJ}$$

Total Energy Required for Cooking 2 Kg of Rice

$$PD = P + PL \quad \dots(7)$$

$$= 5599.92 + 1866.51 = 7465.43 \text{ KJ} = 7.5 \text{ MJ}$$

Collector Area

Energy for cooking rice (2kg) = 7.5 MJ
 Hourly GSR = 1.583 MJm⁻²

Cooking Time

Time required = 7.5 / 1.583 = 4.74 hours.
 Collector area = 6 m²
 Cooking time with 6 m² = 7.5 / (6 × 1.583) = 0.79 hours

Installation of Solar Cooking System

Due to high temperature achieved in the system, the cooking time has reduced by 45 minutes than conventional solar cookers.³² The suitability of solar

steam cooking in institute's kitchen with SR was found by More.³³ Four dishes of 16 m² SR were used to cook food for 500 persons daily by generating steam of 230 kgd⁻¹ resulted in saving of 19 kg of LPG/day. A SSC system was installed at automobile department, Nehru College of Engineering and Research Centre, Kerala. The maximum water temperature at the outlet was 140.2°C by using aluminum sheet reflector. GI sheet is not better option to cook food.³⁴

A SSC system was installed at Sai Baba Shridi, Ahmednagar, Maharashtra for cooking 20,000 people per day during 2009. The system is generating 3,500 kg of steam daily, which resulted in saving of 100,000 kg of cooking gas.³⁵ The system cost was about Rs 133 lakh out of which 43% was paid by the government. TTD, Andhra Pradesh has

set up a SSC system for preparing meal for 15,000 persons daily. The system generates around 4,000 kg of steam d⁻¹ at 180°C and ten kgcm⁻² that sufficient to prepare food two time for nearly 15,000 devotees. It was modular and consisted of 106 automatic TPC arranged in series & parallel combination, each of 9.2 m² reflector area. The all concentrators were attached to a central steam piping connected to the kitchen. The system helped in saving of 1,18,000 liters of diesel annually amounting Rs. 0.23 million. The system cost was about Rs. 11 crore with 5.5 crore paid by MNRE, rest was paid by the TTD trust.³⁶ A SSC system was installed at Golden Temple, Amritsar in 2017 for cooking food for 50,000 persons costing Rs. 17.25 million, which significantly reduced daily consumption of 600 LPG cylinders and 30,000 kg of firewood.³⁷

Table 1: Details of Solar Steam Cooking Systems installed/being installed in Uttarakhand³⁹

S. No.	Name of Site/Beneficiary	Capacity	No. of (sqm.)	Year Systems
1	Shantikunj, Haridwar for cooking of food to 1000 persons	160	1	2009-2010
2	GauTirth Ashram, Koteswarapuram, Tehri for distillation of cow urine for medicinal use	16	1	2011-12
3	Jindal Refinery, Kashipur for 30,000 ltr. Of water heating to feed in boiler	480	1	2011-12
4	Indian Institute of Technology (IIT), Roorkee for cooking food in hostels	976	9	2012-13
5	Unique Hotel and Restaurant Pvt. Ltd., 97 Rajpur Road, Dehradun for water heating	80	1	2013-14
6	Swami Ramtirth Mission, Rajpur Road, Dehradun for cooking	16	1	2013-14
7	Rajiv Gandhi NavodayaVidyalaya, Shikarpur, Haridwar for cooking of food for 300 children	64	1	2014-15
8	Rajiv Gandhi NavodayaVidyalaya, Chaunoliya, Almora for cooking of food for 300 children	64	1	2014-15
9	Eco Gole Girls International School, Dehradun	256	1	2015-16
10	M/s TTK Prestige Ltd., Roorkee. Non imaging concentrator	195	1	2015-16

A solar steam cooking system was installed at Shantivan Complex, Gyan Sarovar Complex and Madhuban campuses; Mount Abu in 1988 in collaboration with Switzerland based Wolfgang Scheffler, along with Brahma Kumaris World Spiritual

University (BKWSU's) for catering meal for 35,000 persons.³⁸ The roof consisted of 84 parabolic concentrators of 96m² size. The temperature reached to 500°C at its focal point. It generates 3500 Kg of steam daily and cooking time for 50 kg of rice was

12-14 minutes. It saved about 200 liters of diesel, 1.2 tons of CO₂ daily and saved 184 kg of LPG every day (ENVIS Center on Human Settlements Hosted by School of Planning and Architecture, Delhi). Sarkari Kumar Chhatralay, Vyra has installed the Parabolic Dishes based Concentrated Solar Cooking System consisted of 4 concentrators of 16 m² each of collector area. The system was commissioned in 2011 costing Rs. 8 Lakh out of which Gujarat State Tribal Development Residential Educational Institutions Society (GSTDREIS) has granted Rs. 5.6 Lakh & MNRE granted of Rs. 2.4 Lakh as subsidy. The system is cooking 20 kg of rice, 10 kg of Dal and 10 kg of vegetables daily resulted in saving 120 of LPG/year. The Uttarakhand Renewable Energy Development Agency, Department of Renewable Energy GOI, Uttarakhand has installed solar steam

cooking system at various locations which has been summarized in Table 1.

Discussion

The study revealed that solar steam cooking system can be installed at community level for energy conservation in various institutions. It will help in reduction of CO₂ for mitigating climate change also. It reduces the consumption of LPG thus saving the fuel bill of the institutions. It will also reduce the cooking time and labour for cleaning of utensils as the washing of utensils is done using steam only. On the basis of successful functioning of solar steam cooking system at various locations, this university intends to install the similar system for 1500 students under a common mess for boys and girls.

List of acronym

GW	Giga Watt
SPV	Solar photovoltaic
SWH	Solar water heating system
CST	Concentrated Solar Thermal
GI	Galvanized Iron
kJ	Kilo Joule
ΔT	Temperature difference
JNNSM	Jawaharlal Nehru National Solar Mission
MNRE	Ministry of New and Renewable Energy
T&P	Temperature and pressure
TFFC	Tracked fixed focus Scheffler
TFP	Tracked Fresnel paraboloid
TPRs	Tracked paraboloidal reflectors
TPC	Tracked parabolic concentrators
M1	Mass of rice
Dp	Specific heat of rice
M2	Mass of water
M3	Mass of steel
h _{fg}	Latent heat of vaporization of water
GSR	Global solar radiation
SR	Scheffler reflector
TTD	Tirumala Tirupathi Devasthanam

Conclusions

It is evident from the above discussion that solar steam cooking system is suitable for cooking food for 50 to 50,000 persons thus, reducing the consumption

of conventional fuels. It can also be used for water heating also. It will also reduce the cooking time without detouring indoor air quality. It will result in reducing the emission of greenhouse gases and

mitigating the climate change. The number of LPG cylinder saved can be utilized for providing LPG to low income group families.

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Conflict of interest

There is no conflict of interest of this paper.

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