Vegetational Analysis, Carbon Stock and Regeneration Potential of *Myrica esculenta* at Different Forest Sites around Nainital

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ABSTRACT

The present study deals with the assessment of species diversity, regeneration potential and carbon stock of *Myrica esculenta* (Buch.-Ham. ex D. Don) trees at different forest sites around Nainital. The density of trees, saplings and seedlings across different forests varied from 660-860, 460-1410 and 1480-3130 ind.ha⁻¹. The species diversity ranged from 1.979-2.322, 1.525-2.024 and 1.689-2.142, for trees, saplings and seedlings, respectively. Among forests, the regeneration was best in Cypress mixed forest. Thus, the presence of either seedlings or saplings of new tree species in the forest site 1 and 2 indicate that the forest may be replaced by these species in near future. Total trees biomass of forests ranged from 213-349 t ha⁻¹. Of this, *M. esculenta* (Kaphal) fruits are edible and trees are destroyed for fuel wood by local people, therefore, Kaphal trees are under high anthropogenic pressure. Thus we need to pay attention and take proper care for management and conservation of forest sites with Kaphal trees.

Keywords: *Myrica esculenta*; saplings; seedlings; regeneration; density; species diversity; biomass; carbon content.

INTRODUCTION

Himalaya is known as an abode of wild edible plants. Myrica esculenta Buch.-Ham. ex D. Don is sub temperate evergreen tree found throughout the mid-Himalaya, starting from about 1,300 m altitude and going up to about 2,100 m. M. esculenta belongs to family Myricaceae. Vernacular name of Myrica is Kaphal. M. esculenta is evergreen tree found in pine zone and lowest part of oak zone. In the Western Himalaya, the species occurs mainly in Pinus roxburghii forest, Quercus leucotrichophora forest and mixed-Oak forest and is widely accepted among local people for its delicious fruits and processed products^{1,2}. Fruits are edible and delicious and trees are also used for fuel and fodder purpose by local people. The *M. esculenta* have many medicinal values. The aqueous extract of M. esculenta has potent wound healing capacity as evident from the wound contraction and increased tensile strength, beside antioxidant activity to understand the mechanism of wound healing activity. The report of the efficacy of this plant as wound healing may be due to its action against dermatophyte which in turn can also be correlated to the effect on antioxidant enzymes³. *M. esculenta* is a dioecious fruit tree and female trees are economically preferred much more than the male ones.

Anthropogenic activities affect biodiversity, both directly and indirectly through land use and resource utilization. Such changes have a direct impact through habitat destruction and over exploitation of resources such as overgrazing and harvest of biomass, and indirect impact through their effect on the composition of the atmosphere and climate. The conservation of biological resources under community based conservation system is a key tool to lessen the depletion of biodiversity, otherwise the regular extraction pressure on important usable plant species in hilly areas is negatively impacting⁴. In recent years, pressure on *M. esculenta* have increased due to rapid increase of land value, the developmental practices, channelling streams, building roads and cities in forest area. Chronic disturbance in these forests particularly is a common practice lopping of trees for fuel wood and leaf fodder. Hence, these forests are under high lopping pressure particularly on vicinity of the human settlement⁵.

MATERIALS AND METHODS

Study area

The study was conducted in three forest sites around Nainital at Monera village. The present study area Nainital is located between 29° 21' to 29° 24' N latitude and 79° 25' to 79° 29' E longitude. The study sites are located between 1991-2200 m altitudes. The sites are moderately to relatively disturbed. Site-1 is dominated by *Cupressus torulosa*, site-2 by *Cedrus deodara* and site-3 by *Quercus leucotrichophora.* The soil is coarse and sandy loam and rich in nutrients. The soil is acidic in nature at all forest sites.

METHODS

The vegetation analysis of plants was done by using quadrats of 10x10m size. The sampling size and number of quadrats were determined following⁶. In each quadrat trees were sampled. Individuals with above 31cm cbh (circumference at breast height, i.e. 1.37 m. from the ground) were considered trees, saplings with 10-30cm cbh and seedlings > less than 10cm cbh were grouped and considered for different category. The vegetation analysis was done by using the quadrat method⁷. Species diversity (H') for each vegetation layer was calculated by using Shannon-Weiner information index⁸.

 $H' = \Sigma Ni/N \times 3.322 \times log Ni/N$

Where, H'= species diversity, Ni= total number of individuals of a species and N is total number of individuals of all tree species.

Concentration of dominance (Cd) was measured by Simpsons Index⁹.

| Species | Cypress forest | | | Deodar forest | | | Oak- <i>Myrica</i> Forest | | |
|--------------------------|----------------|--------|--------|---------------|--------|-------|---------------------------|--------|-------|
| | Tree | Sap | S | Tree | Sap | S | Tree | Sap | S |
| Cupressus torulosa | 430 | - | - | 40 | - | 20 | 160 | 30 | - |
| Quercus leucotrichophora | 90 | 10 | 930 | 50 | 20 | 680 | 160 | 200 | 780 |
| Myrica esculenta | 120 | 570 | 450 | 80 | 270 | 50 | 340 | 650 | 130 |
| | (15.4) | (72.2) | (14.4) | (12.1) | (58.7) | (3.4) | (39.6) | (46.1) | (8.6) |
| Rhododendron arboreum | 60 | - | 100 | 60 | - | 10 | 60 | 90 | 120 |
| Lyonia ovalifolia | 60 | 170 | 1340 | 30 | 110 | 610 | 90 | 360 | 330 |
| Cedrus deodara | 10 | - | - | 380 | 60 | 40 | - | - | - |
| Aesculus indica | - | 10 | 150 | - | - | - | - | - | 80 |
| Fraxinus micrantha | - | 20 | 30 | - | - | - | - | - | - |
| Symplocos chinensis | - | 10 | 40 | - | - | - | - | - | - |
| Pinus roxburghii | 10 | - | 10 | 20 | - | 70 | - | - | - |
| Coriaria napalensis | - | - | - | _ | - | - | 40 | 80 | - |
| Ficus numoralis | - | - | - | - | - | - | 10 | - | - |
| Thuja orientalis | - | - | 60 | - | - | - | - | - | - |
| Pyrus pashia | - | - | 20 | - | - | - | - | - | 70 |
| Total | 780 | 790 | 3130 | 660 | 460 | 1480 | 860 | 1410 | 1510 |

Table 1: Density (ind.ha⁻¹) of trees (T), saplings (Sap) and seedlings (S) of different tree species in each forest site. Values in parenthesis are % contribution of *M. esculenta* in density

Cd= (Ni/N)²

Where, Cd = concentration dominance, Ni = total number of individuals of tree species and N = total number of individuals of all tree species.

For assessment of population structure, the following size classes were used based on available field data i.e. (1) seedlings (<10cm), (2) saplings (10-30cm) and (3) trees (>30cm). Regeneration status of tree species was assessed by following Shankar¹⁰.

Biomass storage and carbon stock of trees

Biomass of different component of trees was estimated by using linear regression equations already developed^{11,12} for different oak and associated tree species of Himalayas. Carbon stock (C = Biomass \times 0.475) was estimated as 50% of the dry weight¹³.

RESULTS

In Cypress forest site, a total of 12 tree species were reported. Total tree density was 780 ind.ha⁻¹, of which *M. esculenta* showed 120 ind.ha⁻¹ (15.38%). The saplings density was 790 ind.ha⁻¹. *M. esculenta* showed maximum density of saplings i.e. 570 ind.ha⁻¹ (72.15%). Total density of seedlings was 3130 ind.ha⁻¹, of which *M. esculenta* showed 14.4% density of seedlings (450 ind.ha⁻¹) (Table 1). The

species diversity and concentration of dominance of trees, saplings, and seedlings was 1.979, 1.19, 2.142 and 0.353, 0.568, 1, respectively in Cypress forest site (Table 2).

In Deodar forest site, a total of 7 tree species were reported. Total tree density was 660 ind.ha⁻¹, of which *M. esculenta* showed 80 ind.ha⁻¹ (12.12%) of trees. The density of saplings was 460 ind.ha⁻¹. *M. esculenta* showed maximum density of saplings i.e. 270 ind.ha⁻¹(58.69%). Total density of seedlings was 1480 ind.ha⁻¹, of which *M. esculenta* showed 3.37% density of seedlings (50 ind.ha⁻¹) (Table 1). The species diversity and concentration of dominance of trees, saplings, and seedlings was 2.025, 1.525, 1.689 and 0.366, 0.42, 0.385, respectively in Deodar forest site (Table 2).

In Oak- *Myrica* forest site, a total of 9 tree species were reported. Total tree density was 860 ind.ha⁻¹, of which *M. esculenta* showed 340 ind.ha⁻¹ (39.53%). The density of saplings was 1410 ind.ha⁻¹. *M. esculenta* showed maximum density of saplings i.e. 650 ind.ha⁻¹ (46.09%). Total seedlings density was 1510 ind.ha⁻¹, of which *M. esculenta* showed 8.60% density of seedlings (130 ind.ha⁻¹) (Table 1). The species diversity and concentration of dominance of trees, saplings, and seedlings was 2.322, 2.024, 1.997 and 0.244, 0.305, 0.333, respectively in Oak-*Myrica* forest site (Table 2).

| Tree layer | r Cypress forest | | Deod | ar forest | Oak – <i>Myrica</i> forest | | |
|------------|------------------|-------|-------|-----------|----------------------------|-------|--|
| | H, | Cd | H, | Cd | H | Cd | |
| Trees | 1.979 | 0.353 | 2.025 | 0.366 | 2.322 | 0.244 | |
| Saplings | 1.190 | 0.568 | 1.525 | 0.420 | 2.024 | 0.305 | |
| Seedlings | 2.142 | 1.000 | 1.689 | 0.385 | 1.997 | 0.333 | |

Table 2: Diversity (H') and concentration of dominance(Cd) of trees, saplings and seedlings at each forest site

 Table 3: Total biomass and Carbon stock of trees in each forest site. Values in parenthesis are % contribution of *M. esculenta* in biomass and carbon content

| Forests sites | Biomass (t ha⁻¹) | Carbon (t C ha ⁻¹) | Biomass (t ha⁻l) of <i>M. esculenta</i> | Carbon (t C ha ⁻¹) of <i>M. esculenta</i> | |
|--------------------|---------------------|-----------------------------------|--|--|--|
| Cypress forest | 309.21 | 145.76 | 30.70 (9.93) | 14.58 (10) | |
| Deodar forest | 213.13 | 101.23 | 24.75 (11.61) | 11.76 (11.61) | |
| Oak- Myrica forest | 349.33 | 166.01 | 84.69 (24.24) | 40.24 (24.23) | |

Biomass and carbon content

In Cypress forest site, total biomass and carbon content of tree species was 309.21 and 145.76 t ha⁻¹, respectively, of which *M. esculenta* showed 30.70 t ha⁻¹ (9.93%) and 14.58 t ha⁻¹ (10%) biomass and carbon, respectively (Table 3).

In Deodar forest site, total biomass and carbon content of tree species was 213.13 and 101.23 t ha⁻¹, respectively, of which *M. esculenta* showed 24.75 t ha⁻¹ (11.61%) and 11.76 t ha⁻¹ (11.76%) biomass and carbon, respectively (Table 3). In Oak- *Myrica* forest site, total biomass and carbon content of tree species was 349.33 and 166.01 t ha⁻¹, respectively of which *M. esculenta* showed 80.69 t ha⁻¹(24.24%) and 40.24 t ha⁻¹ (24.23%) biomass and carbon, respectively (Table 3).

Population structure and Regeneration status

The overall regeneration status of tree species at Cypress forest site indicated good regeneration with higher number of seedlings as compared to saplings and adult trees (Fig. 1). *M. esculenta* showed good regeneration in past with higher number of saplings as compared to seedlings and adult trees (Fig. 2). The overall regeneration



Fig. 1: Population structure of tree species across different forests sites



Fig. 2: Population structure of *M. esculenta* at different forest sites

status of tree species at Deodar forest site showed fair regeneration with higher number of seedlings and adult trees than saplings (Fig. 1). *M. esculenta* showed good regeneration in past with higher number of saplings as compared to seedlings and adult trees (Fig. 2). The overall regeneration status of tree species at Oak-*Myrica* forest site showed poor regeneration with higher number of trees as compared to saplings and seedlings (Fig. 1). *M. esculenta* showed good regeneration in past with higher number of saplings as compared to seedlings and adult trees (Fig. 2).

DISCUSSION

The density of tree species ranged from 660-860 ind.ha⁻¹ across different sites. Present values are comparable with that (760 ind.ha⁻¹) reported for Oak forests¹¹, and are higher than that (349 ind.ha⁻¹) reported for Western Himalayan forests¹⁴. The density value 930 ind.ha⁻¹ was reported for *Q. floribunda* forest¹⁵. The values are higher than those reported for disturbed Oak forest (490-640 ind. ha⁻¹) and are comparable with the values reported for undisturbed Oak forests (630-920 ind.ha⁻¹) of Nainital¹⁶. However, present estimates are low than those (1330 ind.ha⁻¹) reported for oak and pine mixed forest¹⁷. The values falls within range 300-960 ind. ha⁻¹ reported for dominant tree species of Nainital in Kumaun Himalaya¹⁸.

Density of saplings in the present study ranged from 460-1410 ind.ha⁻¹. These values are comparable with those (760 ind.ha⁻¹) reported for Oak forests by¹⁰. The saplings density values are less than (2061 ind.ha⁻¹) those reported for *Q*. *floribunda* forest at Government House, Nainital¹⁴ and falls within the range 788-1718 ind.ha⁻¹ reported for Central Himalayan forests¹⁹.

The density of seedlings in the present study was 1480-3130 ind.ha⁻¹ (Table 1). The values are higher than those reported for Oak forests (2030 ind.ha⁻¹)¹¹ and are less than those reported for *Q. floribunda* forests (10899 ind.ha⁻¹)¹⁴ and for *Q. floribunda* forest in Government House, Nainital²⁰.

Species diversity of trees ranged from 1.97-2.32 which fall within the range reported (0.46 -2.02) for Oak forest in Nainital district of Kumaun

Himalayas¹⁹. 1.2-2.7 for Central Himalayan forest¹⁵ and 0.78 -3.45 for Garhwal Himalaya²¹. The mixed forest had the greatest tree diversity and the diversity increased with increasing basal cover⁶.

Good and Good²² have considered three major components which cause the successful regeneration of tree species. These components are (i) the ability to initiate new seedlings, (ii) ability of seedlings and saplings to survive and (iii) ability of seedlings and saplings to grow²³. As indicated by population structures, Myrica esculenta (Buch-Ham. ex D. Don) has immense capacity of nitrogen fixation and therefore, will flourish at different forest sites near future. Myrica esculenta is a nitrogen fixer tree species and provide edible fruits in summer season and give lots of revenue to local people at Nainital which is a tourist place and its good regeneration would certainly enhance soil fertility at forest sites. It had been used in the traditional healthcare system from time immemorial, particularly by the local and indigenous communities²⁴.

Sufficient number of seedlings of Q. leucotrichophora were reported at all study sites. Surprisingly, saplings were almost absent at site-1 and site-2, while a few saplings were reported at study site-3. Cedrus deodara was also represented by only old trees. It is evident that these forests may be replaced by Myrica esculenta and Fraxinus micrantha in near future. The symbiotic nitrogen fixing ability of both Myrica esculenta and Coriaria nepalensis at site-3 may play a very important role in improving soil and habitat quality. As indicated by population structures, there are chances of replacement of tree species at site-1 and site-2 by Pinus roxburghii, which will create shortage of nutrients in soil. P. roxburghii will replace Himalayan Oak forests in near future at site-1 and site-2. C. torulosa which is the dominant tree species at site-1 showed no regeneration at site-1. C. deodara showed poor regeneration at site -2. Q. leucotrichophora showed good regeneration at site-3 which indicates pressure on species for fuel and fodder. Presence of seedlings of A. indica, and F. micrantha at all sites predict the change in species composition in near future. Once replaced by Chir-pine, Oak will not be able to establish again and the soil will be converted from eutrophic (nutrient rich) to oligotrophic (nutrient poor) condition.

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