Total Heterotrophic Bacterial Load in the Gut of Detritus Fishes: A Case Study of Pichavaram Mangrove Environment, Southeast Coast, India

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ABSTRACT

Total heterotrophic bacterial (THB) load of detritus fin and shell fishes collected from mangrove environment were investigated. The collected fish and prawn samples were subjected to the microbiological study. The THB load was higher in milk fish (*Chanos chanos*) (2.24 x 10⁵ CFU/g) followed by Indian white prawn (*Fenneropenaeus indicus*) (3.16 x 10⁵ CFU/g) than the *Liza parsia* (1.90 x 10⁵ CFU/g) and *Penaeus monodon* (1.88 x 10⁵ CFU/g). A total of 355 bacterial strains were isolated and identified, in which 64, 57, 51, 47, 44, 42, 21, 29 were belongs to *Pseudomonas* spp., *Aeromonas* spp., *Bacillus* spp., *Enterobacter* spp., *Vibrio* spp., *Flavobacterium* spp., *Alcaligenes* spp. and *Acinetobacter* spp., were higher in the gut of fish and prawn samples studied. This work suggests that these bacteria can be effectively used as supplement in fish/prawn feed for commercial aquaculture or as probiotic to enhance the colonization in fish/prawn gut.

Keywords: Bacteria, Fishes, Mangroves, Detritus.

INTRODUCTION

The microorganism enters in to the digestive system of fish through food and environment and certainly not all bacteria in food which gain entry in the digestive tract of fishes establish themselves there¹. They play an important role in the formation of microbes in the digestive tract of fishes². The digestive tract of fish is rich in nutrient that provides favorable conditions for the growth of majority of bacteria that involved in the digestive process, growth and disease of the host³. The composition of intestinal microflora of animals can be altered by age, nutritional condition, developmental stages and stress. These changes can tempt disease or beneficial effect on the host animals⁴. Hence, it may be possible to assess the susceptibility of fish to disease by observing the composition of gut microflora. Some bacteria able to tolerate the low pH in gastric juices resist the action of bile acids, lysozyme secreted in intestines, immune responses and adheres to the mucus or enteric wall surface could persist for a relatively long time and eventually make intestinal micro flora specific to each host animal⁵. It is clear that bacterial species presents in the gut can influence the health and growth of the host.

The colonization of the microorganisms in the digestive system is influenced by a number of host and non-host related factors in marine and other aquatic animals. On the other hand, bacteria producing antibacterial substances were isolated from marine fish intestines^{5,6,7} thereby suggesting that these bacteria may inhibit the establishment of invading bacteria in the fish intestine. In general, due to the bacterial degradation fishes spoil quickly and unfit for consumption. Among the bacteria, *Pseudomonas* sp. may contribute to spoilage by the production of histamines in fish tissue⁸. The importance of intestinal bacteria has been established in birds and mammals. However, there is limited information is available on the bacterial load in the gut of detritus fishes. Hence, the present study was undertaken to investigate the THB load in the detritus fishes of mangrove environment.

MATERIALS AND METHODS

Pichavaram mangrove forest is located (11° 27'N; 79° 47'E) in the south east coast of India nearly 250 Km away from Chennai city and 15km away from the Chidambaram town on the eastern side. It is one of the typical mangrove forests in India with a high productivity of 8 tonnes of organic detritus ha/year. It consists of 52 small and large islets with a spread of 1100 ha. Of the total area, 50% covered by forests, 40% covered by water and remaining 10% by sand and mud flats. The biotope is influenced by mixing of neritic water from Bay of Bengal, brackishwater from Coleroon and Vellar estuaries and freshwater from Khan Sahib canal. Thirteen mangrove and 76 of species mangrove associates species are present. The most dominant mangrove plant species of the study area includes Rhizophora and Avicennia.

Detritus fishes, *Liza parsia* (Golden mullet), *Chanos chanos* (Milk fish) and shrimps (Indian white prawn - *Fenneropenaeus indicus* and Tiger prawn -*Penaeus monodon*) were collected during December 2014 from the Pichavaram mangrove waters, in a sterile polythene bags and kept in an ice box at 4°C. The collected samples were brought to the laboratory immediately for gut micro-floral analysis.

In order to analyse the gut micro floral populations the fish samples were subjected to the surface sterilization by immersion for 30 seconds in 70% ethanol. The ventral surface of the fish cut open with sterile scissors and then 1g of gut content was taken aseptically. The content was homogenized with tissue homogenizer (WW-44468-19, Argos Technologies, China) by adding 1 ml of 50% sterile sea water and transferred to 9 ml sterile blank solution. In order the enumerate of total heterotrophic

bacterial load from gut of fish and prawn samples, the homogenate samples of fish and prawn was serially diluted up to 10^{-5} and 0.1 ml of each dilution was spread ('L'-rod method) onto petri dishes containing Zobell Marine Agar 2216 medium (Himedia) which consisted (g/l) of Peptic Digest of Animal Tissue (5), Yeast extract (1), Ferric citrate (0.1), Sodium chloride (19.45), Magnesium chloride (8.8), Sodium sulphate (3.24), Calcium chloride (1.8), Potassium chloride (0.55), Sodium bicarbonate (0.16), Potassium bromide (0.08), Stroncium chloride (0.034), Boric acid (0.022), Sodium silicate (0.004), Sodium fluorate (0.0024), Ammonium nitrate (0.0016), Disodium phosphate (0.008), Agar (15), pH (7.6 ± 0.2) and distilled water.

The inoculated plates were incubated (Thermo Scientific Incubator UE-3880000) at 37°C for 24 h, after which the colonies developed on the plate were counted and expressed as CFU/g of fish gut (Colony Forming Units). The plates were examined and counted for the number of colonies per Petri dishes. The microbial load in the given sample was calculated using the following formula and it is expressed as Colony Forming Unit (CFU) per gram of the homogenate sample.

Total microbial load in the given sample $(CFU/g) =$	
Total number of colonies	Valuma
Sample of volume plated(0.1 ml) x Dilution	voiume

Similarly, the shrimps gut was opened after removing the carapace and the enumeration of THB was carried out as per the procedure adopted for fish samples. Three replicates were maintained for each sample. After three to four days of incubation the bacterial colonies developed on the plates were counted, isolated, purified and preserved in the nutrient agar slants for further analysis. The purified strains were identified up to genus level based on the scheme described by Bergey's⁹. Based on the Gram staining and the morphological characteristics of colony viz., structure, surface, elevation, color, opacity, shape, size, edge and the bacterial colonies were divided into different types and the number of colonies of each recognizable type was counted. Then the pure cultures were obtained through the repeated streaking of the few representatives of each bacterial type.

RESULTS

Detritus fishes were studied for their total heterotrophic bacterial load. The results for fin-fishes are given in figure 1. The total heterotrophic bacterial count was high in Milk fish (*Chanos chanos*) 2.24 x 10^5 CFU/g followed by Golden mullet (*Lisa parsia*) 1.90 x 10^5 CFU/g (Fig.1). The gut bacterial density of shrimps is depicted in figure 2. The heterotrophic bacterial count was higher in Indian white shrimp (*Fenneropenaeus indicus*) 3.16 x 10^5 CFU/g than the Tiger prawn (*Penaeus monodon*) 1.88 x 10^5 CFU/g (Fig.2).

A total of 355 bacterial strains were isolated from the fin-fishes and shell-fishes based on various tests performed and are categorized into eight genera. They are *Vibrio* (44), *Bacillus* (51), *Pseudomonas* (64), *Flavobacterium* (42), *Aeromonas* (57), *Enterobacter* (47), *Alcaligenes* (21) and *Acinetobacter* (29) (Table 1).

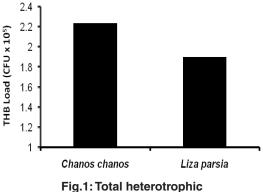
DISCUSSION

The numbers and types of bacteria associated with healthy fish are quite natural and interesting. However, the information on the gut micro-flora is generally patchy. In the present study, detritus fishes and shrimps collected from the mangrove waters were analyzed for their total heterotrophic bacteria. In general fishes have close association with environment through which the bacteria are ingested along the food and water.

The bacterial load in the gut of tilapia was high and the reasons may be that the high ambient

temperature in pond water was close to optimum for many mesophilic bacteria in natural systems¹⁰. The presence of a high bacterial load in gill and intestine of fish might be due to high metabolic activity of fish associated with increased feeding rates at higher temperature¹¹. They also reported that pond water and sediment bacteria influenced the bacterial composition of gills and intestine of tilapia. The bacterial load in the alimentary canal of a fish depends on the quantum and type of food recently ingested¹². Sakata et al^{13,14} reported that the lower counts obtained are more likely to represent a realistic estimate of the size of aerobic bacterial population attached to, or in intimate association with, the gut epithelium. In Mugil cephalus, maximum luminous bacterial population density was observed in the hindgut and minimum was found in the foregut. In Tachysurus arius, maximum luminous bacterial population density was recorded in the hindgut and minimum was found in the midgut¹⁵. The intestinal microflora of Salmonid fishes and Tilapia changes with the development^{16,17}. MacDonald et al¹⁸ suggested that the decline in bacterial numbers from juvenile to adult fish is an undescribed phenomenon, possibly reflecting subtle differences in the age of the surface with increasing age of the animal.

Several factors, such as bacterial host specificity, food type and water resource may explain these differences¹⁹. Bacteria in the surrounding environment and feeding habit may have influence on the composition of the gastrointestinal microbiota of fish. The most common bacteria in the gut of marine fishes were *Acinetobacter*, *Vibrio* and *Pseudomonas*^{20,21,22}. The *Vibrio* was considered as one of the predominant bacteria^{22,23,24,25}. However,



bacterial load in the gut of fishes

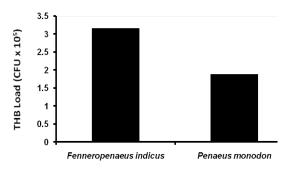


Fig. 2: Total heterotrophic bacterial load in the gut of shrimps

Bacterial Genus	Chanos chanos	Liza parsia	Fenneropenaeus indicus	Penaeus monodon
Pseudomonas	9	20	16	19 (64)
Aeromonas	11	14	17	15 (57)
Bacillus	9	12	13	17 (51)
Enterobacter	11	14	12	10 (47)
Vibrio	10	12	13	9 (44)
Flavobacterium	8	11	10	13 (42)
Alcaligenes	2	6	8	5 (21)
Acinetobacter	5	8	10	6 (29)
Total	65	97	99	94 (355)

Table 1: Bacterial strains isolated from fin- fishes and shell-fishes collected from mangrove waters

the number of isolates varied significantly among the species. The gram negative bacteria *Aeromonas hydrophila*, *Aeromonas veronii* were the most frequently isolated in the gastro intestinal regions²⁶. Intestinal bacterial flora of tilapia *Oreochromis mossambicus* and optimization of alkaline protease by *Virgibacillus pantothenticus* was carried out recently²⁷. Ringo *et al*²⁸ isolated *Psychrobacter* from the gut of marine fish, such as Arctic charr (*Salvelinus alpinus*) and Atlantic cod (*Gadus morhua*)²⁹, but its role in the gut of fish is not known. There is no marked difference in the bacterial load in different size groups of tilapia³⁰.

In the present study the bacterial strain *Pseudomonas* sp. was predominant followed by the *Aeromonas* sp. in the gut of all the fishes studied. The THB load was found to be high in milk fish (Fig.1) followed by Indian white prawn and minimum in tiger prawn (Fig.2). The present findings also confirmed the findings of Sivasubramanian *et al*⁸⁰ that the

Pseudomonas species is predominant in the gut of tilapia fish. *Bacillus* has been successfully isolated from the gut of several marine fish and applied as probiotics^{31,32,33}. Many *Bacillus* strains isolated from marine fish could inhibit potential pathogens^{31,33}. The present work suggest that these bacterial strains can effectively used as supplement in formulated fish/prawn feed or in the form of bacterial biofilm to enhance colonization in the gut. It may also be helpful in developing the probiotic for the commercial aquaculture.

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783

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